

The Blue Pool – Portrush

Public Telephone (if no mobile is available)

Nearest: Corner of Atlanta Street and Main Street (see dive-site map)
Alternative Comfort Hotel, Main Street

Remember calls to 999 or 112 **ARE FREE**

Oxygen

Nearest: In the boot of the car parked on Bath Terrace
Alternative Aquaholics Dive Centre, Portmore Road, Portstewart
Telephone (028) 70832584
Mobile 07968 164748
Directions Follow Signs to Portstewart. Dive Centre is on the main road from Portrush to Portstewart on the right hand side beside Zebedee's Fast Food. There are signs so look out for them

Medical Facility

Nearest: Causeway Hospital, 4 Newbridge Road, Coleraine
Telephone: (028) 7032 7032
Directions: Follow Signs to Ballymoney

Hyperbaric Recompression Chamber

Nearest: Craigavon Area Hospital, 68 Lurgan Road, Portadown
Telephone Daytime: (028) 3833 4444
Telephone (24hrs): (028) 3833 6711
Directions Follow Signs To Belfast, then Signs to Portadown

Other Useful Contact Numbers

Ambulance 999 or 112 and ask for Ambulance
Coastguard 999 or 112 and ask for coast Guard

When calling the Emergency Medical Services remember to state clearly **your location** and that it is a **diving emergency**. **Stay on the phone** until the operator has given you further instructions. If possible give the operator a contact telephone number, so they can contact you again

DAN (41) 1-383-1111

INCIDENT

Assess situation,
Stay Calm

VICTIM IN WATER
Rescuer in water

Establish Responsiveness of Victim

VICTIM UNCONSCIOUS
SIGNAL FOR HELP
GET VICTIM TO SHORE
PROVIDE RESCUE BREATHERS

VICTIM CONSCIOUS
SIGNAL FOR HELP
GET VICTIM TO SHORE

VICTIM IN WATER
Rescuer on Shore

VICTIM CONSCIOUS
GET VICTIM TO SHORE
If you can do so with out risk, If available throw a rope or swim to victim. Try to keep them calm

VICTIM UNCONSCIOUS
GET VICTIM TO SHORE
If you can do so with out risk

OTHERWISE

CALL COASTGUARD

VICTIM ON SHORE
Rescuer on Shore

Establish if help is available on shore

HELP AVAILABLE
ASSESS CONDITION OF VICTIM
MANAGE THE SCENE
DELEGATE TASKS

NO HELP AVAILABLE
ASSESS CONDITION OF VICTIM
PROVIDE NECESSARY FIRST AID

CALL AMBULANCE

CALL AMBULANCE

Record Relevant Information
What happened, Victim Information, Dive profile, Meals Eaten, Medication, Signs, Symptoms

Ensure Victims Equipment supervised.
DON'T DISASSEMBLE!

Victims Condition

NOT BREATHING
NO PULSE Serious
/ Life Threatening

BREATHING WITH
PULSE Not Life
Threatening

MINOR
INCIDENT

Administer CPR
WAIT FOR EMS

DCI Suspected (bends)
Administer Oxygen
MONITOR ABC's
WAIT FOR EMS

Administer First Aid
Treat for Shock

Patient appears to have recovered

EVACUATE DIVER TO MEDICAL FACILITY